

## PU M Sc Applied Psychology

### 1 of 100

189 PU\_2015\_388

Watson and Rayner (1920) conditioned "Little Albert" to fear white rats by banging a hammer on a steel bar as the child played with a white rat. Later, it was discovered that Albert feared not only white rats but white stuffed toys and Santa's beard as well. Albert's fear of these other objects can be attributed to:-

- The law of effect
- Stimulus discrimination
- An overactive imagination
- Stimulus generalization

### 2 of 100

153 PU\_2015\_388

Comparative psychologists are primarily interested in:-

- the comparison of functional and behavioral psychology
- stimulus-response connections
- animal behavior
- the comparison of different types of psychotherapy

### 3 of 100

149 PU\_2015\_388

The \_\_\_\_\_ theory explains how sounds up to 4000 hertz reach the brain.

- place
- tone
- auditory
- frequency

### 4 of 100

143 PU\_2015\_388

World Mental Health Day is observed on:-

- September 10
- November 10
- December 10
- October 10

### 5 of 100

185 PU\_2015\_388

Emotional Intelligence is:-

- The ability to feign emotions when necessary
- The ability to recognise and control one's own and others' emotions

- The emotional reaction that occurs when completing an intelligence test
- Knowledge of emotional states

### 6 of 100

169 PU\_2015\_388

Which of the following is not a treatment developed from classical conditioning principles?

- aversion therapies
- systematic desensitization
- flooding
- token economies

### 7 of 100

205 PU\_2015\_388

Bogus Pipeline is used for measuring:-

- cognitive Dissonance
- Attitude
- Personality
- Persuasion

### 8 of 100

147 PU\_2015\_388

Shaping is an extension of \_\_\_\_\_ principle of learning?

- Operant conditioning
- Social learning
- Insightful learning
- Classical conditioning

### 9 of 100

183 PU\_2015\_388

The brain stem comprises:-

- Cerebellum, Basal Ganglia, and Reticular Formation
- Cerebellum, Medulla Oblongata, and Basal Ganglia
- Pons, Basal Ganglia, and Reticular Formation
- Medulla Oblongata, Pons, and Cerebellum

### 10 of 100

193 PU\_2015\_388

The theory of bounded rationality was originally developed by:-

- Steven Pinker
- Noam Chomsky

- Herbert Simon
- Gerd Gigerenzer

**11 of 100**

181 PU\_2015\_388

what is the full form of APA?

- Australian Psychological Association
- American Psychiatric Association
- American Psychological Association
- American Psychology Association

**12 of 100**

141 PU\_2015\_388

\_\_\_\_\_ plays a significant role in emotional behaviour.

- Thalamus
- Frontal Lobe
- Parietal Lobe
- Hypothalamus

**13 of 100**

177 PU\_2015\_388

The Minnesota Multiphasic Personality Inventory – 2 is an example of a \_\_\_\_\_ test

- Criterion-referenced
- Performance
- Self-report
- Self-scoring

**14 of 100**

119 PU\_2015\_388

Psychiatrists endorse \_\_\_\_\_ model of illness.

- Ecological
- Social
- Biological
- Humanistic

**15 of 100**

113 PU\_2015\_388

The process of excluding from the consciousness the ideas and feelings which cause guilt and shame is known as:-

- Repression

- Projection
- Reaction formation
- Regression

### 16 of 100

211 PU\_2015\_388

Electrooculogram (EOG) records:-

- Electrical activity within the brain
- Changes in electrical activity in the muscles
- Electrical activity in various muscles
- Changes in electrical potential in the eyes

### 17 of 100

187 PU\_2015\_388

\_\_\_\_\_ launches the Positive Psychology Movement.

- Martin Seligman
- Erik Erikson
- Elizabeth Loftus
- Abraham Maslow

### 18 of 100

199 PU\_2015\_388

In trace conditioning:-

- the CS precedes UCS and they do not overlap
- the CS and UCS begin and end at the same time
- The CS precedes UCS and they overlap
- The UCS precedes CS

### 19 of 100

167 PU\_2015\_388

What is the Id?

- part of the psyche that controls our morals
- part of the psyche that controls the impulses
- part of the psyche that reduces anxiety
- a description of the innate instinctual needs

### 20 of 100

175 PU\_2015\_388

The first self-report test of personality was developed by:-

- Woodworth

- Simon
- McElwain
- Terman

### 21 of 100

127 PU\_2015\_388

Jacobson's progressive relaxation is very similar to \_\_\_\_\_ *asan*

- Chakasan
- Savasan
- Padmasan
- Bhujangasan

### 22 of 100

129 PU\_2015\_388

Seeing a ghost in a dark room is an example of \_\_\_\_\_.

- Perceptual defense
- Illusion
- Hallucination
- Delusion

### 23 of 100

191 PU\_2015\_388

The word big is flashed on a screen. A mental picture of the word big represents a \_\_\_\_\_ code; the definition "large in size" represents a \_\_\_\_\_ code; "sounds like pig" represents a \_\_\_\_\_ code.

- Phonemic; Semantic; Structural
- Phonemic; Structural; Semantic
- Structural; Semantic; Phonemic
- Structural; Phonemic; Semantic

### 24 of 100

137 PU\_2015\_388

In case of 't' test, the distribution of the scores has a \_\_\_\_\_ shape.

- Leptokurtic
- Positively skewed shape
- Platykurtic
- Mesokurtic

### 25 of 100

195 PU\_2015\_388

According to the James-Lange theory of emotion:-

- Different patterns of autonomic activation lead to the experience of different emotions
- The experience of emotion depends on autonomic arousal and on one's cognitive interpretation of that arousal
- Emotions develop because of their adaptive value
- Emotion occurs when the thalamus sends signals simultaneously to the cortex and to the autonomic nervous system

### 26 of 100

131 PU\_2015\_388

Conditioning method was introduced by \_\_\_\_\_.

- Pavlov
- Thorndike
- Kohler
- Skinner

### 27 of 100

155 PU\_2015\_388

The term cognition refers to:-

- thinking or knowing
- analysis and synthesis
- predicting the future
- introspection

### 28 of 100

161 PU\_2015\_388

Howard Gardner theorizes that there are \_\_\_\_\_ different kinds of intelligence

- 3
- 120
- 2
- 8

### 29 of 100

133 PU\_2015\_388

Mirror drawing apparatus is used to measure \_\_\_\_\_ learning

- Serial
- Sensory-motor
- Social
- Maze

### 30 of 100

109 PU\_2015\_388

Which of the following tests is likely to have the highest reliability?

- The MMPI
- TAT
- Draw-a-Person test
- Rorschach ink blot test

**31 of 100**

179 PU\_2015\_388

What proportion of scores in a normal distribution lie above a z score of 1?

- 16 per cent
- 10 per cent
- 50 per cent
- 25 per cent

**32 of 100**

145 PU\_2015\_388

Mean is an example of \_\_\_\_\_ statistic

- Multivariate
- Univariate
- Variance
- Bivariate

**33 of 100**

121 PU\_2015\_388

Drawing specific conclusions without evidence is known as \_\_\_\_\_.

- Personalisation
- Arbitrary inference
- Dysfunctional belief
- Convergent thinking

**34 of 100**

125 PU\_2015\_388

Biofeedback is based upon which principle of learning?

- Insightful learning
- Classical conditioning
- Social learning
- Operant conditioning

**35 of 100**

159 PU\_2015\_388

The three basic emotions which appear to be unlearned but take time to develop are:-

- excitement, jealousy, anger
- affection, anger, fear
- anger, fear, joy
- delight, jealousy, fear.

**36 of 100**

107 PU\_2015\_388

Which of the following is not a common symptom of the depression?

- Delusions
- Insomnia
- Poor appetite
- Lack of energy

**37 of 100**

217 PU\_2015\_388

The Multiple Components Model of working Memory was proposed by:-

- Atkinson & Shiffrin
- Baddeley
- Miller
- Posner & Rossman

**38 of 100**

111 PU\_2015\_388

Therapists who focus on altering faulty thought process are:-

- Humanistic therapists
- Psychodynamic therapists
- Cognitive therapists
- Behavioural Therapists

**39 of 100**

171 PU\_2015\_388

Which one of these models of psychopathology would suggest that psychological disorders result from acquiring dysfunctional ways of thinking and acting?

- cognitive model
- behavioral model
- medical model
- client- centered model



**40 of 100**

213 PU\_2015\_388

In which stage in Piaget's theory does children engage in symbolic play?

- Sensorimotor stage
- concrete operations
- formal operations
- preoperational stage

**41 of 100**

151 PU\_2015\_388

Trichromatic theory states that there are three kinds of \_\_\_\_\_ in the eye.

- Bipolar cells
- Ganglion cells
- cones
- Rods

**42 of 100**

135 PU\_2015\_388

Curve of forgetting was developed by \_\_\_\_\_

- Watson
- Piaget
- Freud
- Ebbinghaus

**43 of 100**

207 PU\_2015\_388

Persons with Down Syndrome have IQ's:-

- Above 50
- below 40
- below 50
- above 40

**44 of 100**

163 PU\_2015\_388

The \_\_\_\_\_ hypothesis states that frustration tends to lead to aggression.

- cognitive dissonance
- social learning
- frustration-aggression
- biological instinct

**45 of 100**

173 PU\_2015\_388

The first theory of intelligence was developed by:-

- Stanford and Binet
- Binet and Simon
- Terman and Wechsler
- Spearman

**46 of 100**

115 PU\_2015\_388

Which law of learning states that things most often repeated are best retained?

- Law of effect
- Law of readiness
- Law of exercise
- Law of recency.

**47 of 100**

209 PU\_2015\_388

When a neuron is at rest, the electrical charge is (difficult).

- 70 millivolts
- $\pm 70$  millivolts
- no electric charge
- +70 millivolts

**48 of 100**

117 PU\_2015\_388

Thinking in 'either-or' conditions is known as \_\_\_\_\_.

- Cognitive lapse
- Generalisation
- Inferential thinking
- Dichotomous thinking

**49 of 100**

139 PU\_2015\_388

Median is an example of \_\_\_\_\_ statistic.

- Bivariate
- Multivariate
- Kurtic
- Univariate

**50 of 100**

165 PU\_2015\_388

Which of these is a stage in the Stages of Change Model?

- contemplation
- Study
- deliberation
- meditation

**51 of 100**

101 PU\_2015\_388

\_\_\_\_\_ are drugs whose primary effect is to produce general increases in neural and behavioral activity.

- Depressives
- Sedatives
- Barbiturates
- Stimulants

**52 of 100**

201 PU\_2015\_388

The first President of APA was:-

- Wilhelm Wundt
- John B.Watson
- G.Stanley Hall
- William James

**53 of 100**

105 PU\_2015\_388

Organized structure of information about a particular domain of life is known as \_\_\_\_\_.

- attributes
- Cognitive structuring
- plan
- Schema

**54 of 100**

103 PU\_2015\_388

\_\_\_\_\_ is a persistent pattern of psychological distress following exposure to extreme stress.

- Post traumatic stress disorder
- Generalized Anxiety Disorder
- Panic disorder

- Phobic disorder

### 55 of 100

197 PU\_2015\_388

Milgram's experiment with electric shock was used to measure:-

- Conformity
- Compliance
- Prejudice
- Obedience

### 56 of 100

219 PU\_2015\_388

The components of evolution are:-

- Inheritance
- Variation & selection
- variation, inheritance & selection
- variation & inheritance

### 57 of 100

203 PU\_2015\_388

The Serial Position Curve is a (Difficult):-

- Straight line
- C Shaped Curve
- U shaped Curve
- Inverted U

### 58 of 100

123 PU\_2015\_388

In India, the licensing body for Clinical Psychologists is \_\_\_\_\_.

- Medical council of India
- Mental Health Council
- Clinical Psychologist Council
- Rehabilitation Council of India

### 59 of 100

215 PU\_2015\_388

Putting forward a large request followed by a smaller one is a technique of:-

- Foot in the door technique
- Ingratiation
- door in the face

playing hard to get

**60 of 100**

157 PU\_2015\_388

The kind of therapy developed by Freud is called:-

- Gestalt therapy
- Psychoanalysis
- S-R therapy
- behavior modification

**61 of 100**

239 PU\_2015\_388

The correct series of activities in creative process is \_\_\_\_\_.

- Preparation---- Incubation----Illumination ----Revision----Evaluation
- Incubation ----Preparation ----Illumination----Evaluation----Revision
- Preparation---- Illumination---- Incubation ----Evaluation----Revision
- Preparation---- Incubation----Illumination ----Evaluation----Revision

**62 of 100**

243 PU\_2015\_388

'A child learned to be kind to others'-This an example of \_\_\_\_\_

- General Motive
- Biological Motive
- Intrinsic Motive
- Social Motive

**63 of 100**

247 PU\_2015\_388

Fetal alcohol syndrome is characterized by:-

- addiction to alcohol in the newborn.
- miscarriage, premature birth, and bodily defects.
- increased birth weight.
- genetic defects.

**64 of 100**

245 PU\_2015\_388

Of the theorists listed below, who helped to develop the humanistic approach in psychology?

- Freud
- Rogers
- Skinner

Titchener

**65 of 100**

255 PU\_2015\_388

According to Latané (1981), social loafing is due to:-

- A bias toward making internal attributions about the behavior of others
- Duplication of effort among group members
- Diffusion of responsibility in groups
- Social norms that stress the importance of positive interactions among group members

**66 of 100**

227 PU\_2015\_388

The amount of change in a stimulus required for a person to detect is called:-

- absolute threshold
- subliminal perception
- Difference threshold
- just noticeable difference

**67 of 100**

235 PU\_2015\_388

During counselling asking for minute and obscure details about the client is known as ---

- Understanding
- Probing
- Clarifying
- Deepening

**68 of 100**

241 PU\_2015\_388

Who among the following emphasized upon 'Archetypes'

- Jung
- Freud
- Adler
- Horney

**69 of 100**

251 PU\_2015\_388

According to Freud, the Oedipus and Electra conflicts occur during the:-

- Oral stage
- Genital stage
- Anal stage

Phallic stage

**70 of 100**

221 PU\_2015\_388

Sleep spindles and K complexes occurs at \_\_\_\_\_ sleep (average)

stage 4

stage 2

Stage 1

stage 3

**71 of 100**

259 PU\_2015\_388

The levels of processing view of memory was proposed by:-

Godden & Baddeley

Craik & Tulving

Schachter & Kihlstrom

Craik & Lockhart

**72 of 100**

229 PU\_2015\_388

The view that "A counsellor is an authentic Chameleon" was given by:-

Rogers

Seligman

Maslow

Lazarus

**73 of 100**

237 PU\_2015\_388

Which of the following lobe is involved in hearing?

Frontal

Parietal

Occipital

Temporal

**74 of 100**

223 PU\_2015\_388

An IQ of 100 Suggest \_\_\_\_\_ level of intelligence

average

high

low

Very high

### 75 of 100

231 PU\_2015\_388

Counselling is different from psychotherapy primarily because, in counselling we deal with \_\_\_\_\_ problems.

- Cultural
- Marital
- Adjustment
- Academic

### 76 of 100

233 PU\_2015\_388

NEO-PI is an assessment of ----

- Intelligence
- Attitude
- Personality
- Career interests

### 77 of 100

249 PU\_2015\_388

Jung believed that there are basic universal concepts in all people regardless of culture called:-

- Mandalas
- archetypes.
- collective consciousness
- persona.

### 78 of 100

225 PU\_2015\_388

Reinforcement which occurs after a fixed number of responses.

- variable-ratio schedule
- Fixed-ratio schedule
- fixed-interval schedule
- variable-interval schedule

### 79 of 100

257 PU\_2015\_388

The portion of the brain that appears to be the last area to mature fully is the:-

- Corpus Callosum
- Hypothalamus



- Occipital lobe
- Prefrontal cortex

**80 of 100**

253 PU\_2015\_388

The cephalocaudal trend in the motor development of children can be described simply as a:-

- Foot-to-head direction
- Center-outward direction
- Body-appendages direction
- Head-to-foot direction

**81 of 100**

270 PU\_2015\_388

Analysing pre and post scores of a client on a given parameter is a method of evaluation in counselling. This is known as \_\_\_\_\_ method of evaluation.

- Critical
- Process
- Outcome
- Feedback

**82 of 100**

292 PU\_2015\_388

Term flashbulb memories was proposed by:-

- Kassin & Kiechel
- Neisser
- Brown and Kulik
- Loftus

**83 of 100**

274 PU\_2015\_388

The famous book 'Authentic Happiness' was authored by:-

- Viktor Frankl
- Rollo May
- Martin Seligman
- Robin Sharma

**84 of 100**

284 PU\_2015\_388

In Adler's view, the main striving of personality is for:-

- instincts

- superiority
- sophistication
- dominance

**85 of 100**

261 PU\_2015\_388

The water jar problem demonstrated by Luchins was used to study the impact of \_\_\_\_\_ on problem solving (difficult)

- trial and error
- Functional fixedness
- algorithm
- mental set

**86 of 100**

280 PU\_2015\_388

Which of the following type of conflict is extremely disruptive?

- Discount-discount
- Avoidance-Avoidance
- Approach-Approach
- Approach-Avoidance

**87 of 100**

267 PU\_2015\_388

A man redirects anger from his boss to his child is an example of which defense mechanism?

- displacement
- repression
- regression
- Projection

**88 of 100**

288 PU\_2015\_388

The variance of a population:-

- equals  $SS / df$
- $M1 - M2$
- is represented by  $s^2$
- equals the mean of the squared deviation scores.

**89 of 100**

278 PU\_2015\_388

Who among the following is not a motivation theorist?

- Maslow
- Herzberg
- Vroom
- Tolman

**90 of 100**

294 PU\_2015\_388

Who is considered as the "spiritual father of humanism in America"?

- J B Watson
- R S Woodworth
- Abraham Maslow
- Carl Rogers

**91 of 100**

299 PU\_2015\_388

The glands which plays a key role in the development of personality is the \_\_\_\_\_

- Pituitary
- Thyroid
- Thymus
- Adrenal

**92 of 100**

276 PU\_2015\_388

What is the smallest unit of Speech Perception?

- Words
- Phonemes
- Syllable
- Morphemes

**93 of 100**

265 PU\_2015\_388

Persons having low IQ with exceptional musical talents are referred as:-

- Williams syndrome
- savant syndrome
- Gifted
- prodigies

**94 of 100**

296 PU\_2015\_388

Illusion is a kind of \_\_\_\_\_

- Perception
- Hallucination
- Trick
- Misperception

### 95 of 100

290 PU\_2015\_388

Resulting data from a test of academic knowledge are positively skewed. This suggests that:-

- some students benefited from a "halo effect".
- The test was too easy
- The test was too difficult
- an unbiased estimate must be calculated.

### 96 of 100

298 PU\_2015\_388

The scales to measure the psychological distance between any two stimuli was developed by

- 
- Weber
  - Titchner
  - Fechner
  - Binet

### 97 of 100

272 PU\_2015\_388

Statistical way of controlling quality in organisations is known as:-

- Feedback training
- KAIZEN
- Six Sigma
- Quantitative training

### 98 of 100

282 PU\_2015\_388

A teacher offers her student a reward for each five correct answers. This is an example of \_\_\_\_\_ reinforcement schedule?

- Intermittent ratio
- Fixed ratio
- Intermittent interval
- Fixed interval

### 99 of 100

286 PU\_2015\_388

Cognitive Dissonance theory is based on the:-

- Self- actualization
- Consistency
- Gain-loss
- Cognitive dissonance

**100 of 100**

263 PU\_2015\_388

Traits that exert relatively specific and weak effects on behavior are called (Average)

- central traits
- secondary traits
- source traits
- Cardinal traits